



**Jonah 1:17-2:9 or page 726**

**1. Depths of D** \_\_\_\_\_

*Psalm 22:1-2*

**2. Depths of D** \_\_\_\_\_

*Psalm 107:28*

**3. Depths of D** \_\_\_\_\_

*Psalm 27:1*

**4. Depths of D** \_\_\_\_\_

*Psalm 30:1-12*



Have you ever felt in over your head? \_\_\_\_\_

What were the circumstances? \_\_\_\_\_

Did it lead you to start praying, and if so how? \_\_\_\_\_

Were you expecting God to hear your prayers? \_\_\_\_\_

How can we know for sure God has heard our prayers to be rescued? \_\_\_\_\_

Does knowing you are saved help when you go through patches of life where it seems you are in over your head?